



# Boston Squash and Racketball Club

## COVID-19 SECURE PLAN



*This document is based on the club's COVID-19 risk assessment and outlines the measures in place to make Boston Squash and Racketball Club as COVID-19 secure as possible.*

### LEADERSHIP AND MANAGEMENT

Effective management is key to the club operating as safely as possible. The club's one employee sits on the committee and has therefore been involved in the club's COVID-19 safety planning at every stage.

The committee will take responsibility for continually reviewing the club's COVID-19 risk assessment and safety protocols. It will endeavour to make sure members are aware of and following the relevant safety measures.

**Cleaning:** The club steward will clean the club Mondays-Fridays, with volunteers from the committee doing this on weekends.

**First Aid:** Jacky Parsons is a qualified first aider and is aware of current HSE guidance.

### CLUB ACCESS

The club is unusually spacious relative to the size of its membership - and an analysis of entry data shows there is no risk of the overall maximum safe capacity (i.e. one that still guarantees the ability to socially distance) being exceeded. The club will not be running events such as tournaments and socials.

A maximum capacity of 10 people has been set for the gym to ensure that social distancing can be maintained within it. A maximum of two people are allowed on each court at a time (except when a coach is on court with two players).

The club's key fob system provides safe access for all current and potential members and visitors, and the club steward will be on site from 10am-7.30pm, Mondays-Fridays.

The Committee considers that it is not practical to introduce separate entry and exit points to the club and that there are no obstacles that would cause bottlenecks and that would therefore need removing.

## FACILITY BOOKINGS

There is no need for a general booking system as the club has a key fob system which can be used for contact tracing (members can phone or email the club to opt out of having their details passed on to NHS Track and Trace) and the premises is not at risk of becoming overcrowded.

As the club has five courts, members should have enough time for cleaning in between matches and sessions (5 minutes for cleaning touch points and then 15-20 minutes for air circulation).

Junior coaching sessions will now be booked by juniors/their parent(s) or guardian(s) in advance (by emailing [bostonsquashandracketball@gmail.com](mailto:bostonsquashandracketball@gmail.com)) so there will be a record of visitors.

## CLUB ENVIRONMENT (CLUB-WIDE)

The club will keep windows open when it's possible to do this safely, in order to help ventilate the facility.

Anti-bacterial wipes, spray, paper towels and bins have been made available throughout the club so that players can wipe down high contact points such as the token machines.

Regular handwashing and avoiding sharing of objects is considered as the primary control for minimising transmission of COVID-19 through contact. Hand sanitiser will be provided at key points around the club.

Posters and signage have been placed at key points around the club reminding members of capacity limits, the need to socially distance, good hand hygiene and protocols such as not wiping hands on walls.

Cash will still be accepted but there is now a card reader to take contactless payments.



The club will not allow sharing/borrowing or hiring of squash equipment/kit from the club or fellow members.

The club steward and coaches are aware of the need to socially distance while leading activities.

## CLUB ENVIRONMENT (SPECIFIC MEASURES)

**FOYER:** The club will allow the use of the water dispenser in the foyer, but with a sign prohibiting face-to-tap drinking.

**TOILETS AND CHANGING ROOMS:** The club's changing rooms and showers are closed (except for those with disabilities or special needs), but the toilet facilities remain open with sole-occupancy and daily cleaning.

**COURTS:** Court 3 has been closed to squash and racketball so that a table tennis table can be installed there permanently - preventing any need to handle the table. No court closures are required in order to implement social distancing.

**GYM:** The gym has been expanded into the function room, with equipment spaced out to allow for social distancing.

**BAR AND OTHER:** The bar seating has been spaced out, and the usual bar chairs have been replaced with ones that are easier to clean. Only one volunteer or member of staff will be allowed behind the bar/in the kitchen at any one time. The same capacity limit applies in the club shop and store rooms.

## MEMBERS AND VISITORS

Members have been requested not to enter the club if they have symptoms of COVID-19. Any member who has recovered from an infection where symptoms required hospitalisation should consult their GP before returning to play.

No-one is permitted onsite if they have been in contact with anyone who has been unwell with suspected or confirmed COVID-19 during the two weeks prior.

Club newsletters and signage have been used to inform members of the club's new member protocols, which include the following:

- *Arrive shortly before your match + use hand sanitiser on arrival and departure.*
- *Arrive at the club in kit, ready to play/exercise. Shower at home.*
- *Avoid handshaking and physical contact and always maintain social distancing.*
- *Bring your own balls and racket.*
- *Bring your own water bottle and arrive at the club with it full.*
- *Bring your own towel to wipe away sweat.*
- *Bring a change of shirt if you are prone to sweat a lot.*
- *Bring essential supplies to treat minor injuries and take a phone in case of emergency.*
- *Take your kit bag and water bottle on court.*
- *Do not wipe hands on court walls.*
- *Brief visitors such as parents dropping children off for coaching should only enter the club if necessary - if they must, they should stay in the foyer where possible to limit the risk of people coming into contact.*
- *NOTE: face coverings are generally NOT recommended on court.*

## **IF A MEMBER/VISITOR DEVELOPS SYMPTOMS**

### ***While at the club:***

Social distance should be maintained.

The symptomatic person should be advised to return home if safe to do so and manage their symptoms in line with the relevant advice.

If the person is unable to travel home safely, they should be isolated from others and someone from their household contacted to make safe arrangements. If this is not possible then phone 111 and follow instructions.

### ***After visiting the club:***

Any member/visitor who becomes unwell or shows COVID-19 symptoms **after** visiting the club/venue must follow the relevant guidance (NHS), declare this to the club/venue, and also consult their GP immediately.

## **IF THERE IS A CONFIRMED CASE OF COVID-19**

If the club has a confirmed case of COVID-19 (i.e. if anybody tests positive who has been in the club in the two weeks prior to developing symptoms), the club will close for a deep clean and comply with the NHS contact tracing programme.